Enhancing Successful Transitions to Adulthood for Young Adults with Psychiatric Disabilities

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# Emphasis on Transition-Age Youth in State VR Agencies, 2004-2006

- 26% State VR plan contains goals & plans related to youth
- 76% State has VR counselors with dedicated transition caseload
- % counselors w dedicated transition caseloads

- 0%	24%	(12)
- 1-10%	41%	(20)
- 11-20%	20%	(10)
- 21+%	14%	(7)

 Effort has shown some success - aggregate cross-disability, post-school employment rate 2-5 years after school exit rose about 9 percentage points from late 1980s to 2003 (NLTS)



## State VR & Youth with Psychiatric Disabilities

- RSA 911 data indicate that transition age youth (ages 14-24) were 1/3 of all the eligible clients whose cases were closed in 2011
- After youth with learning disabilities, youth with psychiatric disabilities were the next largest group within the youth category, accounting for 16% of total closures
- The success rate for youth with MH problems (45%) was significantly lower than almost any other disability or age group.

Marrone & Taylor, 2013; Berry & Caplan, 2010

## SSI & Transition to Adulthood

- Poor outcomes for youth on SSI <u>prior to</u> age 18
  - by age 19-23 years only 22% were employed, and 39% had dropped out of school (Loprest & Wittenburg, 2007)
- More positive outcomes for youth entering the SSI rolls <u>at 18-19</u> years of age
  - better employment outcomes than any other age group, followed by those 20-35 years of age when they enter the rolls (Ben-Shalom et al., 2012)



# Research on Transition Age SSDI Beneficiaries

 Young adults with disabilities enroll in employment services at much high rates than older groups of workers



## Research on Transition Age SSDI Beneficiaries

- In the first 5 years after enrollment, young adults are more likely to enter their trial work period than older groups of workers
- In the first 5 years after enrollment, young adults more likely than older workers to have cash benefits suspended or terminated due to work



Multivariate Analysis of Positive Vocational Outcomes Among DI Beneficiaries

- <u>Younger age at award</u> associated with higher probability of achieving positive service engagement & work outcomes within 5 years after DI award.
  - e.g., compared to beneficiaries age 50–57, those age 18–24 are 20.4 % points more likely to have started their Trial Work Period
- In addition, the probability of achieving the milestones is increased by having a greater number of years of education

30 Occupations with Largest BLS-Projected Percentage Employment Increases, 2010 - 2020

- 17 require Associates degree or above
- Of those that pay above the median annual wage of \$33,840, all require an AA, BA, or advanced degree
- Of those that pay below the median, the average annual salary is \$25,340

Lockard & Wolf, 2012

## SSA's Youth Transition Demo Model Components

- individualized work-based experiences
- youth empowerment
- · family supports
- system linkages
- social & health services
- SSA work incentive waivers
- benefits counseling

# Rise of "New Capitalism"

- increased competition, often leading to closures, takeovers or mergers, with consequent shedding of labor (increased lay-offs and unemployment)
- volatility of markets, requiring adaptability of workers to adjust to new skills needed to provide new products and services
- more efficient use of labor by employers to reflect fluctuating patterns of demand, involving increased use of temporary and other forms of non-standard labor

Sennett (1998)

## Usefulness of transition concept?

- Early adulthood now characterized by multiple transitions, or shifting, between full time, parttime, temporary work & self employment; unemployment; education; travel; breaks for motherhood; & other domestic labor
- Transitions have become differentiated & individualized. The notion of a collective "transition" into the work force no longer applies due to plural education options & precarious labor market.

Bradley & Davadason, 2009; Goodwin & O'Connor, 2005

#### Typology of career trajectories, young adults age 20-34 (Bradley & Davadason, 2009)

<u>Shifting</u> - frequent changes between work statuses & jobs

Sticking - pursuit of single type of job or career

- <u>Switching</u> after some time in a particular occupation, making a conscious choice to change direction
- <u>Settling</u> After a period of shifting, making a conscious choice to pursue a single occupation or career

Mostly low wage jobs, hi family interdependence, attitude of "internalized flexibility" allows for optimism

## U.S. Labor Force Mobility – 1<sup>st</sup> 12 years after entry into the LF (Fuller, 2008)

- By 12<sup>th</sup> year after labor-market entry, men average 6.4 employer changes while women average 5.7
- Men are laid off & discharged more often than women, while women more often experience family-related quits that are followed by unemployment
- Job changing positively impacts wages earlier in careers but not later in careers
- In the 1<sup>st</sup> 5 years of a job, each year of tenure increases wages by 2% but this stops after 5 yrs
- Lay-offs, discharges & family-related separations associated with lower wages
- Workers with high mobility see wage advances from job changes eroded by decreases in job tenure
- Marriage & family depress women's earnings, not men

## Life Timeline – Late Teens & Twenties What Kind of Interventions?

Late teena	ge years		End of 20s
l I High Labor School Force or Entry Post- Secondary Education	Force	Average of 6 job changes Wage advantage from job changing greatest earlier in career	l 12 Years After LF Entry
	First 5 years of tenure at a specific job have biggest payoff		

Re-entry into education or training at any time

## Context of Services for Young Adults with Psychiatric Disabilities

- · Substance use & abuse
- · Pregnancy & early parenthood
- · Leaving the foster care system
- · Juvenile justice involvement
- Housing instability or homelessness
- Transportation barriers

## Strengths & Resiliency

- Importance of peer group
- Connection with family
- Use of social media offers networking possibilities
- · IT sophistication creates job skills
- Societal recognition of young adult underand unemployment
- Openness to service use for selfdetermination

#### Judith Cook Keynote SoS References January 8th 2014

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