Using Social Media to Improve Knowledge Translation in Your Employment Research and Practice

Session 2 - December 1, 2021

Presented by the KT Academy at Center on Knowledge Translation for Employment Research (CeKTER)

Presenters



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NIDILRR is a Center within the Administration for Community Living (ACL). ACL is in the Department of Health and Human Services (HHS). The contents of this presentation do not necessarily represent the policy of NIDILRR, ACL, or HHS and you should not assume endorsement by the Federal Government.

The territory on which Boston University stands is that of The Wampanoag and The Massachusetts People. We offer this land acknowledgement as a way of inviting truth into our conversation over the next hour and a half.





Knowledge Translation (KT) Training Academy



"Building capacity for promoting the awareness and use of employment research findings"

The KT Training Academy CeKTER offers a variety of classes to increase the capacity of NIDILRR grantees and their collaborators for disseminating and implementing employment research findings.

Our KT Academy Training Goals

Session 1: Clarify the role social media can play in your overall dissemination strategy. Set realistic, measurable "S.M.A.R.T." KT goals for a specific research project . Use social media "Best Practices" to identify 3-5 strategies to reach your goals.

Homework: Begin implementation of the social media plan.

Session 2: Review progress, measure effectiveness of activities using analytics tools, and receive/offer group feedback to help everyone increase effectiveness.



Can you relate?



How Can Social Media Help With Your KT Goals?

	Your objective	Social media goal	Metric(s)	
	Increase awareness of organization	Awareness (these metrics inform your current and potential audience)	Followers, shares, etc.	
	Generate feedback from stakeholders	Engagement (these metrics show how stakeholders are interacting with your content)	Comments, likes, @mentions, etc.	
	Drive webinar registrations, newsletter signups, research brief downloads	Conversions (these metrics demonstrate the effectiveness of your social engagement)	 # of Webinar registrations, email signups, downloads, etc. 	
	Improve Research study participation	Enrollment (these metrics reflect how engaging your survey invitation is)	Completion of qualification survey	
_	CeKTER Center on Knowledge	e Translation for Employment Res	search	7

Reminder: Setting S.M.A.R.T. Goals

Set goals that are Specific, Measurable, Attainable,
 Relevant, and Timely

Make sure they are aligned to your organization's objectives to accurately measure your results

□ Track the right metrics to stay focused on what matters

The 3 next steps.

Step 1: Understand who your <u>target audience</u> is, and where to find them online.

Step 2: Identify **potential partners**, how to reach them online, and how to leverage their social media network.

Step 3: **Audit your current social media strategy** and refine what you're doing to achieve your goals.

Metrics & Methods to Measure Success

- Analytics on individual social media pages (by page or w/social media management tool)
- Analytics on your website (using Google Analytics)
- Other measurements
 - Sign ups for your mailing list / listserv
 - Downloads of your research brief or paper
 - Registrations for your webinar or training
 - Enrollments in your research study

Our Case Studies Today

- Case Study 1: Boston University's Center for Psychiatric Rehabilitation
- Case Study 2: UMass Chan Medical School's Transitions to Adulthood Center for Research at iSPARC
- Case Study 3: Colorado's Department of Vocational Rehabilitation

Case Study 1: Making Sense of Employment Research Webinar Series

Making Sense of Employment Research highlights recently published employment research via Boston University's Center for

Psychiatric Rehabilitation, a NIDILRR employment research grantee.

Each webinar reviews a recent employment study in a clear and relevant way and answers questions posed by participants.



https://www.youtube.com/wat ch?v=yS7uGxmyt2M&t=9s



Case Study 1: Making Sense of Employment Research Webinar Series S.M.A.R.T. Goals

- 1. Increase attendance at the next (January 2022) webinar by 25% over our average attendance
- 2. Increase the views of archived webinars by 25% by December 1, 2021
 - <u>https://cpr.bu.edu/resources/making-sense-of-employment-research-webinars/</u>
 - https://www.youtube.com/playlist?list=PLI_lh_cxbiLXGUvrZYKEsSOOvkk4GmvAy
- 3. Test a TikTok account by December 1, 2021
- Increase our Twitter followers by 10% a month for 6 months (<u>https://twitter.com/psyrehab</u>)

Case Study 1: Making Sense of Employment Research Webinar Series – Measuring Status through Metrics

- 1. No progress no date has been set yet for our next webinar
- 2. Views on YouTube: Goal exceeded views of our sample video increased from 38 views on 11/03/21 to 107 as of 11/29/21
- 3. TikTok account created on 11/22/21.
- 4. # Twitter followers on 11/03/21 was 118. As of 11/29/21 was 143, a 22% increase.

How to Find Your **Twitter Metrics**

Left Navigation -> MORE...-> **Analytics: First** view is monthly overviews.

Analytics Home Tweets More v

Sep 2021 · 30 days

TWEET HIGH IGHTS

Top Tweet earned 579 impressions

Learn the signs. If you or someone you know is in crisis: text START to 741-741 or call 1-800-273-8255 (TALK) to speak with a trained counselor 24/7.

#BecauseMentalHealthMatters #BeThe1To #SuicidePreventionMonth #ShareNIMH twitter.com/NIMHgov/status...

134 95

View Tweet activity View all Tweet activity

Top Follower followed by 1,206 people



Pacific Rim Conference @PacRimHawaii FOLLOWS YOU

#PacRim2022 Feb 28 - Mar 1, 2022 | 37th Pacific Rim International Conference on Disability and Diversity | virtual hybrid conference | Mobilize for Action!

View profile



Black young adults with mental illness face high and racialized barriers to pursuing work/education growkudos.com/publications/1... via @growkudos @UICHealthRRTC @ TransitionsACR @aneeman @Lucia Valmaggia @TalkMHResearch @MentalHealthAm @collabbrhVanessa @vvklo @laudyaron @urbaninstitute

t3-5 ♥7

View Tweet

Top media Tweet earned 168 impressions

This year's International Week of the Deaf is "Celebrating Thriving Deaf Communities" #DeafCulture #DeafYES #IWDP #IWDP2021 #DeafAwareness

buff.ly/3ke0oLO pic.twitter.com/mO3axiWn22



t3 ♥2

View Tweet activity

View all Tweet activity

SEP 2021 SUMMARY Tweet impressions Tweets 3,894 Profile visits Mentions 584 8 New followers

13

9

Click here to see more details



Aug 2021 · 31 days TWEET HIGHLIGHTS

Top Tweet earned 620 impressions

Top mention earned 11 engagements

AUG 2021 SUMMARY

Tweets

14

Tweet impressions 4 4 3 0

How to Find **Your Detailed Twitter Metrics**

Use the date range in the upper right hand corner.

Lots of data here, just not easy to grab.

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Case Study 2: New TEST Practice Guides

The Translating Evidence to Support Transitions (TEST) project created a series of practice guides to increase the use and adoption of 3 research-informed practices for the transition planning of HS students with emotional behaviora disturbances who receive Special Ed services

- student-led IEP meetings
- community agency representation at IEP meetings
- concentrations of CTE coursework along career paths



https://www.umassmed.edu/T ransitionsACR/models/test/

Presenter: Robin Tasca

Case Study 2: The TEST Project Goal

Transitions to Adulthood Center for Research had a overall project goal to get these into the hands of Transition Planners, Special Ed teachers, Guidance & Mental Health Counselors, etc. ASAP.

View the Guides here: https://www.umassmed.edu/Transiti onsACR/models/test/test-guides/





Case Study 2: TEST Practice Guides S.M.A.R.T. Goals

- 1. Generate 50 downloads of the Practice Guides in first 60 day period
- 2. Capture contact information from people who downloaded the guides so the TEST team could follow-up w/them
- > Built a web page that captures user contact info for follow-up survey
- Create immediate awareness of new TEST Practice Guides through ambitious social media & email marketing campaign in first 60 day period
- Identify which social media platform generated the best results

TEST Goals: Unique Web Page

- Created unique landing page on website which can be tracked w/Google Analytics
- 2. https://www.umassmed.edu/TransitionsACR/models/test/
 - a) Included project description and products
 - b) Requested that someone provide their contact information prior to gaining access to the TEST Practice Guides
 - c) Accomplished the goal of measuring results
 - 1. Visits to the web page
 - 2. # of downloads
 - 3. Contact info for interesting audience members

TEST Goal 1: Web Page Analytics1



TEST Goal 1: Web Page Analytics2



TEST Goal 2: Social Media Campaign

Hint: Use Canva for easy creation of social media graphics. www.canva.com

SUPPORTING STUDENT-LED TRANSITION PLANNING

There are 3 levels of student involvement in IEPs:

Level 1: Student-Involved Level 2: Student-Partnered Level 3: Student-Led

These levels exist on a continuum, and depending on each student, levels of participation may look different.



PARTNERING WITH COMMUNITY AGENCIES IN TRANSITION PLANNING

Start by Asking...

Who is already involved?

Identify current services agency/organization partners involved in the transition planning

Who could become involved?

Identify new potential services agency/organization partners





TEST Goal 2: Social Media – Facebook Insights

nsights Trans	itions to Adulthood Center for Research 🔹	🎛 Feb 1, 2021 – Mar 31,		
	Facebook Page Reach 🕕	Instagram Reach 🕕		
* Overview	2,997 ↑ 3.1%	737 ↑ 65.6%		
๙ Results	٨	month		
Content	h	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		
audience &		See results report		
	Content •	Sort by: Rea		
	Thu Mar 4, 10:00am Our Translating Evidence P Reach 1.1K	to Fri Feb 26, 10:01am We want YOU! Our Youth Ad (? Reach 353		
	Sat Feb 27, 7:00am Does this meme from ou Paracher 254	#Y Wed Feb 17, 2:00pm "How do we change the worl Fri Feb 5, 7:01am Reach 243		
		See content report		
	Audience			
	Facebook Page Likes ()	Instagram Followers 🕥		
	1.1K	253		

TEST Goal 2: Social Media – Instagram Insights



CeK1

TEST Goal 2: Social Media Results

Student-led transition planning for students with

emotional disturbances (ED) can

★ build decision-making capacities ★ instill a sense of control ★ encourage family involvement

 Here's Sample Results from Buffer. (Other options: Hootsuite, Later, Sprout Social)



Campaign post insights TEST Manuals SUPPORTING STUDENT-LED March 16, 2021 01:01pm transitions_acr TRANSITION PLANNING The level of student involvement in IEPs should be as individualized as the There are 3 levels of student involvement in IEPs. plans themselves. The three level theory can help students and their support Level 1: Student-Involved vel 2: Student-Partnered systems identify the current level of involvement and set a goal for Level 3: Student-Led These levels exist on a continuum, and depending on each student, Impressions Eng. Rate Engagements Comments levels of participation may look different. 0 21.43% 28 6 TEST March 15, 2021 02:17pm Transitions to Adulthood Center for Research CTE courses are the most useful to students who have a particular career in Start by Asking ... mind, so the first step is to identify potential career options. Learn more from Who is already involved? the Incorporating Career and Technical Education in Transition Plan Identify current services agency/organization partners involved in the transition planning Who could become involved? dentify new potential services Impressions Engagements Comments Eng. Rate agency/organization partners 0 0% 71 0 TEST March 14, 2021 04:00pm transitions acr Start with what you know! Identify agency/organization partners that are Start by Asking ... already involved in the transition plan, then look toward the future for Who is already involved? potential partners. The Transitions ACR recently put out 3 manuals Identify current services agency/organization partners involved in the transition planning Who could become involved? Identify new potential services Eng. Rate Impressions Engagements Comments agency/organization partners 42 4 0 9.52% TEST SUPPORTING STUDENT-LED March 12, 2021 04:12pm UMass SPARC TRANSITION PLANNING

Student-led transition planning offers so many great benefits including these and even more for students with ED. Download the Supporting Student-Led Transition Planning for Students with Emotional Disturbance Manual

TEST Goal: Identify best social media platforms

Buffer gives us results in a format that is helpful for this analysis by allowing us to see the results of each platform compared against each other.

However, we did not track platforms relative to actual downloads of the TEST practice guides.

TEST Goal 3: Guide Downloads

- Total downloads: 152 in first 4 months. (218 to date)
- ✓ Total unique emails: 169
- ✓ Total NEW emails: 84

We were pretty excited that we could track this dissemination.



Photo by Jill Wellington from Pexels

TEST Project – Metrics & Measurements

- 1. Total Social Media Posts = 32 from Jan-Apr
- 2. Total Social Media Engagement = 2684 post impressions/171 engagements
- 3. Total mentions in emailed newsletters= 4 from Jan-Apr
- 4. Total visits to page 835 visits to the new landing page
- 5. Total emails collected 227 captured / 169 unique addresses
- 6. Total downloads to date 218
- 7. Feedback 24 completed surveys out of 184 individuals

https://www.umassmed.edu/TransitionsACR/models/test/contact-us/guides-and-tipsheets/



Case Study 3: Increase Enrollment in the SEEKS Intervention

Securing Employment and Economic Keys to Stability (SEEKS) is a NIDILRR –funded project with the Office of Independent Living Services, Division of Vocational Rehabilitation, Colorado Department of Labor and Employment.



COLORADO

Division of Vocational Rehabilitation

Department of Labor and Employment

https://dvr.colorado.gov/dvr-programs-andservices/help-applying-for-social-security-disabilitybenefits-in-co

Presenter: Sarah Hansen

Case Study 3: The SEEKS Intervention Background

SEEKS is designed to better understand what helps individuals w/ disabilities to:

- Improve employment & education outcomes
- Increase monthly income
- Expand community participation



COLORADO Division of Vocational Rehabilitation

Department of Labor and Employment

SEEKS is a random assignment research project where participants will be assigned to a control group (services as usual) or an intervention group (new services being tested).

Case Study 3: The SEEKS Intervention (more background)

The Intervention will provide 3 services to people applying for Social Security disability:

- Social Security disability application assistance.
- Employment Services to obtain employment
- Benefits Counseling to support an individual to make an informed choice about disability and other benefits and choosing to work
- The SEEKS intervention model addresses the myth that people who receive Social Security disability benefits cannot work. It promotes the expectation that people with disabilities can contribute to the business bottom line in the competitive, integrated workforce, while addressing limited economic resources experienced by people with disabilities.

Case Study 3: SEEKS Enrollment – Challenges

Colorado DVR was not getting enough people enrolled in the research project

➢ Why?

The initial thoughts: A "Social Media Campaign!"

BUT... Colorado DVR quickly realized that Social Media is just one piece of the overall dissemination strategy and setting some S.M.A.R.T. goals to achieve increased enrollment would be helpful.



SEEKS Enrollment - S.M.A.R.T. Goals

- Increase enrollment directly through our DVR website via a unique Enrollment "Landing Page" on website, in multiple languages – 30 days
- Get partners (CILS) to create their own page and/or direct audience to SEEKS page – 60 days
- Promote landing page via multiple mediums (Print, Video & Social Media) (Ongoing effort)
- 4. Enlist aid of employment –related service organizations to disseminate link to landing page on website (Ongoing effort)

SEEKS Goal 1: Multilingual Landing Page for Enrollment

https://dvr.colorado.gov/dv r-programs-andservices/help-applying-forsocial-security-disabilitybenefits-in-co (used a simple Google Form) ne > DVR Programs & Services > Help Applying for Social Security Disability Benefits in CO

Help Applying for Social Security Disability Benefits in CO

Translation Help

Traduccion Espanola or use Google Translate for other languages. Click here for how to use Google Translate.

Get Help Applying for Disability Benefits such as SSI or SSDI in Colorado

Did you know that it is possible to work and receive social security disability benefits at the same time? While employment can be about more than a paycheck, there's no denying that the ability to earn money, support oneself and plan for the future is among the top benefits for most people.

Are you concerned that work won't provide enough income for you to live as independently as you would like? We can help you understand how Social Security disability benefits like Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) can help maximize your income. If you qualify, we can help you apply for these benefits while you work or pursue employment. This service is provided state-wide by Center for Independent Living staff, at no cost to you.

Whether you are interested in work or not, if you are a resident of Colorado and need help with social security disability benefits, fill out the form to the right (or <u>this form</u> in Spanish) and someone will be in touch with you within 2 business days.

Share this <u>flyer</u> about the Centers for Independent Living with your friends. Comparta este <u>folleto</u> sobre los Centros para Vivir Independiente con sus amigos.

Request for Assistance in Applying for SSI/SSDI

Do you need help applying for SSI or SSDI? Complete the form below and a representative from the Office of Independent Living Services will contact you.		
	Ø	
First and Last Name *		
Your answer		
City and/or County where you reside		

City an	d/or Coun	ty where y	/ou reside		
Your an:	swer				
Are you	u betweer	the ages	of 18 and	60?	
O Yes	s				

No
 No
 No



SEEKS Goal 2: Have Centers for Independent Living (CILS) to host/direct people to enrollment page





About Us v Our Services v Events/Programs Calendar FAQs N





Help with Social Security Disability Benefits

Do you have a medical or mental health condition that makes it difficult to work? Do you have questions about Social Security disability?



Applying for <u>Social Security's Supplemental Security Income (SSI)</u>. and <u>Social Security</u> <u>Disability Insurance (SSDI)</u> can be a confusing and complex process. Trained and knowledgeable staff from Connections for Independent Living are available to help!

For no-cost assistance, please contact us at (970) 352-8682 or complete the form below.





SEEKS Goal 2: Have **Centers for Independent** Living (CILS) to host/direct people to enrollment page 2

Partner website example: https://connectionscolorado.org/ind ependent-living-assistance/socialsecurity/

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About Us V Our Services V Events/Programs Calendar News ~ FAOs



Get started

Complete our form below to request Social Security benefits guidance.

Today's Date *



Staff Person's Name (if you are already working with Connections)



Submitter's Name *



Last

Submitter's Email *



Request Origin *

Person with a disabling condition

- Service provider

- Family member or friend

T Other



Information about the individual in need of assistance

SEEKS Goal 4: Promote & offer enrollment via multiple mediums

The printable flyer is also available in Spanish.

CeKTER



COLORADO Office of Independent

Living Services

We can help you apply for SSI or SSDI

Get more information at https://dvr.colorado.gov/es/node/10201 or call your local Center for Independent Living

*Available in Alternate Formats

for

The



SEEKS Goal 4: Social Media Plan

- Created YouTube Videos with links to enrollment form
 - <u>https://www.youtube.com/channel/UCufkoubSByE-_HPfszRjtRQ</u>
 - <u>https://youtu.be/FbfHE5k-BBA</u>
- Social Media examples:
 - <u>https://www.facebook.com/ColoradoVR</u>
- Centers for Independent Living post on their social media platforms
- Purchased Facebook Ads (what we learned / cost / unique tracking)

SEEKS Project: Metrics & Measurements

- Enrollment Page Views: 843 (since launch in August. Data from Google Analytics)
- Form Submissions: 82 (Captured via Google Forms)
- Eligible for SEEKS study: 27 (lived in an area covered by a Center who is participating in the grant, was within the age range, and did not already have an open case with DVR)
- Enrolled in Study: 8 (Enrollment page works, now disseminate widely)

Enrollment Data:

Currently, we have 83 individuals enrolled in SEEKS. 8 of those individuals have enrolled as a direct result of the form This means that the form has increased our enrollment by 9.6% in about 3.5 months

Rutgers University



Department of Psychiatric Rehabilitation and Counseling Professions Rutgers, The State University of New Jersey

Center on Knowledge Tran:

GOAL: Recruitment

CeKTER

SMART Goal for NIDILRR CTE Project

<u>SMART Goal</u>: The study team will recruit 8-10 students with mental health conditions currently enrolled in CTE programs from New Jersey using two recruitment ads on existing social media sites connected to CTE programs.

Target date: January 15, 2022.

Objectives	Timeframe
We will draft an IRB modification for the recruitment protocol to	12/20/2021
utilize social media for recruitment.	
We will develop 2 social media recruitment ads. One will use the	12/20/2021
recruitment flier, the other will be a 30 second video.	
We will identify our target recruitment area (central NJ)	12/20/2021
We will identify up to 10 CTE programs in our target area of NJ that	1/4/2022
have social media pages on Facebook, Instagram, or LinkedIn.	
We will reach out to social media page administrators.	1/4/2022 or pending
	IRB approval
We will email and call CTE program directors to gain consent to	1/11/2022
recruit students from their programs.	
We will develop a question on our screening form to identify how	1/11/2022
students learned about the study.	

Notes/Talking Points:

- TARGET POPULATION: Students with mental health conditions currently enrolled in NJ
 CTE programs
- PREFERRED SOCIAL MEDIA NETWORKS: Facebook, LinkedIn, Instagram
- We will be identifying CTE programs in a designated area.
- We will utilize the existing social media accounts of the targeted CTE programs to recruit their students for the study. That way we don't need students to find our page, we're going to them.
- We will craft social media recruitment "ads" for the identified programs.

Think and Share

- How can you apply this information you've learned to your employment research dissemination?
- What tips and tricks will you share with your organization?
- What are some ways of making social media stories more engaging?



How Do We Keep This Going?

- What other topics on Social Media do you need training on?
- Community of Practice: info@cekter.org
- Technical Assistance <u>https://umassmed.edu/cekter/ta/</u>
- Coaching: info@cekter.org

General Questions: info@cekter.org



19 Social Media Metrics That Really Matter—And How to Track Them <u>https://blog.hootsuite.com/social-media-metrics/</u>

How to Prove and Improve Social Media ROI (+ Free Tools) https://blog.hootsuite.com/measure-social-media-roi-business/

The Ultimate Guide to Google Analytics in 2021 https://blog.hubspot.com/marketing/google-analytics



Thank you for joining us! KT Academy at CeKTER

