Presentations featuring Transitions RTC Research and Collaborators

24th Annual Children's Mental Health Research and Policy Conference

March 20-23, 2011

Tampa, Florida

State of the knowledge and research on transition age youth and young adults

Plenary: Wednesday, March 23rd at 9am
Research on Transition-Age Youth and Emerging Adults: What's in it for me?
Featuring: Maryann Davis, PhD (*Director, Transitions RTC), and* **Jennifer Whitney** *(Project Assistant)*

The transition to adulthood encompasses the period when movement into adult roles and responsibilities accelerates. Typically, this transition begins in mid-adolescence, when young people begin to assert their independence and explore their identity, particularly in the areas of love and work. Transition continues until identity stabilizes and the young person makes commitments to adult roles and responsibilities. During the last half century, this transition period has changed radically, with young people taking far longer to reach the developmental milestones associated with adulthood. If your work or life involves adolescents or young adults with serious mental health conditions, this plenary will provide a solid grounding in the cutting edge research in this field.

Mental Health and Mental Health Services

Monday, March 21st: 9:15am-10:45am
Session 2 Symposium: Regency VI
Innovative Mental Health Interventions for Transition Age Youth and Emerging Adults – I

Treatment Retention Intervention for Transition Age Youth in Outpatient Psychotherapy
Featuring Maryann Davis, PhD
Director, Transitions RTC

We will describe a Motivational Enhanced Therapy protocol that is under development to improve outpatient psychotherapy participation in transition age youth, and report preliminary findings of this Stage I clinical trial.

Monday, March 21st: 2:45-4:15pm
Session 20 Symposium: Regency VI
Innovative Mental Health Interventions for Transition Age Youth and Emerging Adults – II

Multisystemic Therapy for Emerging Adults: Recidivism Reduction for Those with Mental Illness
Featuring Maryann Davis, PhD
Director, Transitions RTC

This paper presents initial findings from a feasibility study of an adaptation of Multisystem (MST) Therapy for 17-20 year olds with serious mental health conditions. This paper presents the adaptation, fidelity measure, pilot sample characteristics, recruitment, retention and participation rates, and fidelity findings.

Supported Education and Employment

Monday, March 21st: 9:15am-10:45am
Session 3 Symposium: Regency VII
Adult system responses to detecting and treating veterans and young adults with mental illness

Understanding the needs of young adult veterans for supported education
Marsha Ellison, PhD
Associate Director of Knowledge Translation, Transitions RTC

Supported education is effective in achieving educational goals among adults with mental illness. A needs assessment was conducted using focus groups with 30+ young adult veterans from recent wars. Findings indicate a challenging context for reintegration, and the needs for peer support, assistance with navigating a complex benefit system, flexible models of outreach to veterans, and accommodations on campus.

Tuesday, March 22nd: 2:00-3:30pm

Session 46 Symposium: Regency V
Models of Supported Employment: What works for young adults of transition age

Adapting and Implementing IPS Supported employment for Transition Age Youth
Susan Kaiser, MPH, **Rochelle Frounfelker, MSSW, Marc Fagan, PsyD**
Collaborating Researchers, Transitions RTC (*Thresholds Institute*, Chicago, IL)

This presentation describes a feasibility study of adapted IPS supported employment being conducted at Thresholds Young Adult Program as part of the Transitions RTC. Presenters will describe the components of the adapted IPS model and share information about its implementation.

Transition age youth and young adult (TAYYA) men and women with serious mental health conditions and Vocational Rehabilitation
Rosalie Torres Stone, PhD
Researcher, Transitions RTC

This study will identify: 1) programmatic factors from the consumer perspective that are shared across employment support approaches that facilitate participation in vocational programs for non-Latino and Latino transition age youth and young adults; 2) cultural, developmental and contextual factors that facilitate participation in vocational programs; 3) the common factors in questions #1 and #2 that differentiate Latino and non Latinos.

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