Living in Freedom Together **Empowering and Elevating Survivors**

What is LIFT?

"Living In Freedom Together (LIFT) is a survivor-led organization comprised of those who have overcome **commercial** sexual exploitation (CSE), and professionals sensitive to the needs of this vulnerable and marginalized population. Our mission is to provide resources, advocacy, and support to empower individuals to exit and recover from the impacts of CSE, and to end prostitution"





NICOLE BELL **CEO AND FOUNDER OF LIFT**

ON POP IT PODCAST JUNE 2019

References

on.com/free-clipart-17018 book.com/LivingInFreedomTogether/photos/a.1005016349541458/2022782307764852/?type=3&the



Empowering Women Who Have Been Sexually Exploited

Manasa Raman Summer Service-Learning Assistantship Program

The Drop-In Center

Acknowledgements

Many thanks to Dr. Bradford and all the wonderful role models: Amanda, Audra, Carrie, Cassandra, Courtney, Ellen, Karen, Nikki, and Michelle, who I have had the privilege of meeting through LIFT. You continue to inspire me as you fight for the women in our community and around the world!

So what can we do?

- Be empathetic, non-judgmental listeners
- Undergo training on how to interview patients in this vulnerable population
- "If you see something, say something"
- Get to know your community in a nonclinical setting
- Advocate for the "Equality Model"
- **Decriminalizes** all those who are prostituted
- Provides **support services** to help them exit
- Makes buying people for sex a criminal offence

Jana's Place...it's finally here!

"Jana's Place is a first-of-its-kind recovery **home** for women exiting prostitution and recovering from substance use disorder (SUD) with co-occurring mental health disorders. Our recovery model will focus on holistic, sustainable recovery emphasizing self-care, life skills development, and job training opportunities"





