Breaking the Bamboo Ceiling: Asian Employee Resource Group Presentation



On May 18, 2017, the Asian Employee Resource Group and the Diversity and Inclusion Office of UMass Medical School hosted and event titled: "Break the Barriers for Asians: From Health Care Disparities to the Bamboo Ceiling." The presentation was by Xiaoduo Fan, MD, MPH, MSc, Associate Professor of Psychiatry, Director of the Psychotic Disorders Program, and Director of the China Mental Health Program. Dr. Fan discussed how Asians are the fastest growing minority in the United States; however there are notable barriers for career development in the workplace for

Asians as well as a health care disparity in mental health care for Asian Americans. The bamboo ceiling is a combination of individual, cultural, and organizational factors that impede Asian Americans' career progress inside organizations (Jane Hyun). Dr. Fan's talk analyzed the bamboo ceiling and gave strategic measures break the barrier that it poses for Asian Americans.