



UMASS MIND PRESENTS:

HEALTHY LIVING FOCUS GROUP

What does it mean to be a healthy
eater?

Please join us for a group discussion to share your
opinions about healthy eating, nutrition, exercise, and
daily living practices. Every person has a unique way that
they view health and we want to hear more about your
individual story!

Tuesday, June 11th 1:30-2:30PM
Genesis Club

