

Experiences & Perspectives of Young Adult College Students with Serious Mental Health Conditions

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Findings

Table 1. Demo

Mean (SD) age

Full Time Studen

Lived on Campus

GPA

A's B's

C or Lower

Female

Psychiatric symp ducational expe

Currently on psyc

Psychiatric medic that were barrier *p<.05, **p<.001

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Abstract

College students of all ages with serious mental health conditions (SMHC) face many challenges. Most programs designed to assist college students with SMHC are designed for older adults. A better understanding of young adult college students' perspectives and experiences can inform future age-tailored interventions. This study describes how young adult undergraduate college students ages 18-24 with SMHC utilize supports/services, engage and interact on campus, and how their perceptions, experiences, and satisfaction levels compare with those of older adult (25+) undergraduate college students with SMHC.

ographics		
	Young adults ages 18-24 (n=73)	Older adults ages 25+ (n=68)
	20.85 (1.45)	38.71 (9.62)
it	83.6% (61)	52.9% (36)
S**	47.9(34)	0(0)
	60.3 (44)	47.8 (32)
	31.5 (23)	47.8 (32)
	8.2 (6)	4.5 (3)
	78.1(57)	75.0 (51)
	81.7 (58)	79.4 (54)
otoms affect your erience most of the time	41.1 (30)	25.0 (17)
chiatric medications	76.7 (56)	88.1 (59)
cations cause side effects rs to educational success	47.9 (35)	54.4 (37)

Top 5 reasons listed as difficulties encountered when requesting or receiving accommodations (n=75)

- **Feeling inferior to other**
- Feeling embarrassed or **bothered** about disclosing disability to faculty/teachers
- Fear of being stigmatized by faculty/teachers **Uncooperative or unreceptive**
- faculty/teachers
- **Defining or deciding what** accommodations were
- reasonable or appropriate*
- * p<.05, young adults reported more ften than older adult

Requested Accommodations Older Adult 60.3%

Young Adult 46.6%

Aware of Accommodations

Used Disability Services*

Older Adult 56.7%

Young Adult 39.7%

*p<.05



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