

UMASS MIND PRESENTS

RECOVERY THROUGH MUSIC

**HAVE YOU OR SOMEONE YOU KNOW BEEN DIAGNOSED
WITH A SCHIZOPHRENIA SPECTRUM DISORDER, MAJOR
DEPRESSIVE DISORDER, OR BIPOLAR DISORDER?**

**ARE YOU INTERESTED IN LISTENING TO, EXPLORING, AND
EXPRESSING MUSIC IN A NEW WAY?**

**IF SO, THIS STUDY MIGHT BE FOR YOU! PLEASE
JOIN US FOR A 12-WEEK STUDY EXAMINING
THE EFFECTIVENESS OF MUSIC IN MENTAL
HEALTH RECOVERY. SESSIONS WILL BE
CONDUCTED OVER ZOOM VIDEO CHAT BY A
LICENSED MUSIC THERAPIST FREE OF COST TO
PARTICIPANTS.**

**IF YOU ARE INTERESTED OR WOULD LIKE
MORE INFORMATION, PLEASE CALL 508-856-
MIND (6463), OR EMAIL
MIND@UMASSMED.EDU.**



UMass MIND

Community Intervention Program

Beautiful Mind | Productive Life

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MEDICAL SCHOOL