

ARE YOU OR SOMEONE YOU KNOW CURRENTLY LIVING WITH A SERIOUS MENTAL ILLNESS?

ARE YOU INTERESTED IN PARTICIPATING IN A COMMUNITY-
BASED SCREENING AND EDUCATION PROGRAM TO LEARN
MORE ABOUT YOUR CARDIOVASCULAR HEALTH?

If so, please consider joining the program! Participation includes:

- 15-25 minute pop-up event at various community locations
- Free measures of body composition including body fat percentage, blood pressure and cholesterol levels
- Personalized feedback and education on strategies to reduce cardiovascular health risks
 - You must be 18+ years old and speak English to participate

Interested or want more information?

Call 508-856-MIND (6463) or email Mind@umassmed.edu.



UMass Chan
MEDICAL SCHOOL



UMass Mind
Clinical and Research Program
Beautiful Mind | Productive Life

UMass IRB Docket #STUDY00002557

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu

Call: 508-856-MIND (6463)
Email: MIND@umassmed.edu